# Bouncing cosmologies from condensates of quantum geometry

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Singularities in General Relativity and their Quantum Fate

Goal: Extract cosmology from (loop) quantum gravity.

#### Goal: Extract cosmology from (loop) quantum gravity.

Loop quantum cosmology (LQC) —where the quantization techniques of loop quantum gravity (LQG) are applied in the symmetry-reduced minisuperspaces corresponding to homogeneous space-times— has given some potentially important insights in this direction. [See Martin Bojowald and Parampret Singh's talks]

However, despite its successes, the exact relation between loop quantum gravity and loop quantum cosmology remains unclear. It is important to go beyond LQC, using any hints LQC may offer.

# Loop Quantum Gravity: Basics

Loop quantum gravity is a background independent approach to quantum gravity based on connection and triad variables. [Ashtekar; Immirzi; Barbero]

A convenient basis for states in the canonical framework are spin networks: graphs coloured by spins on the edges and intertwiners on the nodes. [Penrose]





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An important result is that geometrical observables like the volume and the area have a discrete spectrum. Furthermore, each node can be thought of as a polyhedron with some volume and surface areas transverse to the links: for example, a four-valent node gives a tetrahedron. In this sense, the spin network is composed of 'atoms of geometry'. [Rovelli, Smolin; Ashtekar, Lewandowski; Freidel, Speziale; ...]

## Cosmology as a Condensate of Geometry

In any theory such as LQG which predicts that space-time is constituted of quanta of geometry, it is reasonable to assume that in large space-times, including (inflationary) cosmological space-times:

- there are many quanta of geometry,
- one quanta contributes a small fraction of the spatial volume,
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If all the quanta are indeed in the same state, this suggests using **condensate states** to extract cosmology from LQG.

This in turn directly leads to **group field theory**, a field theory for the quanta of geometry of LQG.

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The key idea here is that the continuous cosmological space-time emerges from the coarse-graining of the group field theory (GFT) condensate state.

The microscopic dynamics of the GFT condensate state imply some effective coarse-grained Friedmann equations, which follow from the evaluation of the relevant collective cosmological observables (e.g., total spatial volume) and calculating their evolution as determined by the microscopic GFT model (with respect to some relational time).

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Note that we will make assumptions on the type of LQG/GFT state that is relevant for cosmology, but we do not impose any symmetries upon the underlying GFT theory.

#### 1 Group Field Theory with a Scalar Field

#### 2 Condensate States



## Group Field Theory with a Scalar Field

Group field theory (GFT) can be seen as a second-quantized language for loop quantum gravity, where the field operators

 $\hat{\varphi}_{m_1,m_2,m_3,m_4}^{j_1,j_2,j_3,j_4,\iota}(\phi), \qquad \hat{\varphi}_{m_1,m_2,m_3,m_4}^{\dagger j_1,j_2,j_3,j_4,\iota}(\phi),$ 



create and annihilate quanta of geometry: spin network nodes [Oriti].

The  $j_i$  and  $m_i$  colour the links of the (four-valent) spin network node and the intertwiner  $\iota$  and the scalar field  $\phi$  both live on the spin network nodes. Connectivity is imposed via projectors on links.

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The classical GFT action  $S(\varphi, \bar{\varphi})$  is typically chosen so that the perturbative expansion of the GFT partition function matches the sum over geometries of a spin foam model. In the simplest GFT actions for quantum gravity, the dominant terms are

$$S \sim \sum_{j_i, m_i, \iota_i} \int_{\phi_i} \left[ \bar{\varphi} \, \mathcal{K}_2^{(0)} \varphi + \bar{\varphi} \, \mathcal{K}_2^{(2)} \partial_{\phi}^2 \varphi \right] + \sum_{j_i, m_i, \iota_i} \int_{\phi_i} \left[ \bar{\varphi}^5 \, \bar{\mathcal{V}}_5 + \varphi^5 \, \mathcal{V}_5 \right].$$
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The operators in GFT have the standard second-quantized form, and in particular the number operator will be important,

$$\widehat{N} = \sum_{j_i, m_i, \iota_i} \int_{\phi} \widehat{\varphi}^{\dagger j_1, j_2, j_3, j_4, \iota}_{m_1, m_2, m_3, m_4}(\phi) \widehat{\varphi}^{j_1, j_2, j_3, j_4, \iota}_{m_1, m_2, m_3, m_4}(\phi).$$

The presence of the scalar field allows for the definition of relational observables, for example the relational number operator,

$$\widehat{N}(\phi) = \sum_{j_i, m_i, \iota_i} \widehat{\varphi}^{\dagger j_1, j_2, j_3, j_4, \iota}_{m_1, m_2, m_3, m_4}(\phi) \widehat{\varphi}^{j_1, j_2, j_3, j_4, \iota}_{m_1, m_2, m_3, m_4}(\phi).$$

#### Condensate States

A simple family of condensate states are the Gross-Pitaevskii condensate states, i.e., coherent states of the GFT field operator which are, up to a numerical prefactor, [Gielen, Oriti, Sindoni]

$$|\sigma
angle \sim \exp\left(\sum_{j_i,m_i,\iota}\int \mathrm{d}\phi \ \sigma^{j_i,\iota}_{m_i}(\phi)\hat{arphi}^{\dagger \ j_i,\iota}_{m_i}(\phi)
ight) |\mathbf{0}
angle$$

where  $\sigma_{m_i}^{j_i,\iota}(\phi)$  is the condensate wave function. Note that  $\sigma_{m_i}^{j_i,\iota}(\phi)$  is not normalized; rather, its norm gives the number of fundamental GFT quanta.

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where  $\sigma_{m_i}^{j_i,\iota}(\phi)$  is the condensate wave function. Note that  $\sigma_{m_i}^{j_i,\iota}(\phi)$  is not normalized; rather, its norm gives the number of fundamental GFT quanta.

Importantly, the massless scalar field can be used as a relational clock:  $\sigma_{m_i}^{j_{i,l}}(\phi_o)$  can be understood as the condensate wave function evaluated at the 'time'  $\phi_o$ .

Thus, imposing the quantum equations of motion on  $|\sigma\rangle$  will give relational dynamics with respect to  $\phi$ .

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# The Form of $\sigma_{m_i}^{j_i,\iota}(\phi)$

It is important to make choices for  $\sigma_{m_i}^{j_i,\iota}(\phi)$  so that the condensate state represents a cosmological space-time. Furthermore, appropriate approximations will simplify the equations to be solved.

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• We are interested in the spatially flat FLRW space-time. So **we neglect connectivity**: the main observable is the total volume where connectivity is unimportant, and the space-time is spatially flat so we do not need to worry about encoding the spatial curvature in the connectivity of the graph [Gielen, Oriti, Sindoni].

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- We are only interested in isotropic observables.
   So we restrict our attention to equilateral (isotropic) configurations,

$$\sigma_{m_i}^{j_i,\iota}(\phi) \to \sigma_j(\phi),$$

This assumption can also be motivated by the improved dynamics of LQC.

#### **Relational Dynamics**

The quantum equations of motion are

$$rac{\widehat{\delta S}}{\delta ar{arphi}} \ket{\sigma} = \mathbf{0}.$$

But we expect the condensate state to only be an approximate solution to the quantum equations of motion. So, we will only impose the first Schwinger-Dyson equation [Gielen, Oriti, Sindoni],

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For the GFT action shown earlier, this gives the non-linear condensate equations of motion

$$\partial_{\phi}^2 \sigma_j(\phi) - m_j^2 \sigma_j(\phi) + w_j \, \bar{\sigma}_j(\phi)^4 = 0,$$

where the numerical values of the  $m_j^2 \sim K_2^{(0)}/K_2^{(2)}$  and  $w_j \sim \mathcal{V}_5/K_2^{(2)}$  depend on the parameters in the GFT action.

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## The Small Interactions Approximation

The Gross-Pitaevskii condensate approximation assumes that interactions are small. Thus, in the regime of validity of this approximation, the interaction term is negligible. To consider cases when the interaction term becomes important, it will be necessary to go beyond the Gross-Pitaevskii approximation and include interactions (i.e., connectivity information).

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As can easily be checked in the equation of motion for  $\sigma_j$ , the interaction term will become large when  $|\sigma_j|$  becomes sufficiently large. This is the large volume limit: the Gross-Pitaevskii condensate approximation breaks down at large volumes.

Interactions becoming important at large volumes may be related to the fact that the connectivity information has been ignored: all GFT quanta are interacting with all other quanta, not only their neighbours. Restoring connectivity information may well fix this. In the remainder, I will consider the mesoscopic regime where the Gross-Pitaevskii approximation can be trusted ( $|\sigma_j|$  sufficiently small) and where there are enough quanta for a continuum space-time interpretation to be viable ( $|\sigma_j|$  sufficiently large.)

Such a regime will exist for some GFT actions (but not all), depending on the parameters in the action. For the remainder of the talk, I will take such a GFT action and only work in this mesoscopic regime.

In this mesoscopic regime, rewriting  $\sigma_j = \rho_j e^{i\theta_j}$ , the condensate equations of motion imply that for each j

$$E_j = 
ho_j'^2 + 
ho_j^2 heta_j'^2 - m_j^2 
ho_j^2, \qquad Q_j = 
ho_j^2 heta_j',$$

are conserved quantities (with respect to the relational time  $\phi$ ).

There is one remaining non-trivial equation of motion for each j,

$$\rho_j''-\frac{Q_j^2}{\rho_j^3}-m_j^2\rho_j\approx 0.$$

Importantly,  $\rho_j(\phi)$  can never become zero due to the divergent repulsive potential at  $\rho_j = 0$ .

#### Cosmological Observables

In order to extract cosmology from the condensate state  $|\sigma\rangle$ , it is necessary to relate the volume V and the momentum of the scalar field  $\pi_{\phi}$  to the appropriate GFT observables.

These are

$$egin{aligned} \mathcal{V}(\phi) &= \sum_{j} \mathcal{V}_{j} ar{\sigma}_{j}(\phi) \sigma_{j}(\phi) = \sum_{j} \mathcal{V}_{j} 
ho_{j}(\phi)^{2}, \ \pi_{\phi}(\phi) &= -rac{i\hbar}{2} \Big[ ar{\sigma}_{j}(\phi) \partial_{\phi} \sigma_{j}(\phi) - \sigma_{j}(\phi) \partial_{\phi} ar{\sigma}_{j}(\phi) \Big] &= \hbar \sum_{j} \mathcal{Q}_{j}. \end{aligned}$$

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It immediately follows that

$$\partial_{\phi}\pi_{\phi}(\phi)=\mathbf{0},$$

and so we recover the continuity equation for an FLRW space-time with a massless scalar field.

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#### The Condensate Friedmann Equation

The relational Friedmann equation can be derived from the relation

$$V' = 2 \sum_j V_j 
ho'_j 
ho_j, \qquad ext{where} \qquad f' := \partial_\phi f_j$$

with the equations of motion given earlier as well as  $E_j$  and  $Q_j$ ,

$$\left(\frac{V'}{3V}\right)^2 = \left(\frac{2\sum_j V_j \rho_j \sqrt{E_j - \frac{Q_j^2}{\rho_j^2} + m_j^2 \rho_j^2}}{3\sum_j V_j \rho_j^2}\right)^2$$

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The classical Friedmann equation

$$\left(\frac{V'}{3V}\right)^2 = \frac{4\pi G}{3}$$

is recovered in the low curvature semi-classical limit (which here corresponds to large  $\rho_j$ ) for  $m_j^2 = 3\pi G$ .

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#### The Singularity is Resolved

Recall that from the remaining non-trivial equation of motion,

$$ho_j^{\prime\prime}-rac{Q_j^2}{
ho_j^3}-m_j^2
ho_jpprox 0,$$

it is clear that  $\rho_j$  never reaches zero due to the divergent repulsive potential  $-Q_j^2/\rho_j^3.$ 

Since

$$V(\phi) = \sum_{j} V_{j} \rho_{j}^{2},$$

it follows that  $V(\phi)$  can never be zero.

Thus, the big-bang and big-crunch singularities are generically resolved, and are replaced by a bounce.

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# Relation to LQC

LQC, in its construction, suggests that the appropriate condensate state is one where all the quanta are equilateral spin networks with j = 1/2. Motivated by this observation, let's consider the case where  $\sigma_j(\phi)$  only has support on  $j = j_o$ .

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Then, using  $\rho = \pi_{\phi}^2/2V^2$ , the condensate Friedmann equation becomes

$$\left(\frac{V'}{3V}\right)^2 = \frac{4\pi G}{3}\left(1-\frac{\rho}{\rho_c}\right) + \frac{4V_{j_o}E_{j_o}}{9V},$$
  
with  $\rho_c = 3\pi G\hbar^2/2V_{j_o}^2 \sim (6\pi/j_o^3)\rho_{\rm Pl}.$ 

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While  $E_j$  plays an important role in the dynamics of the GFT condensate, its geometric/physical interpretation remains unclear.

### Conclusions

- Motivated by simple arguments combined with insights from LQC, we made a specific ansatz on the type of state in (the GFT reformulation of) LQG that corresponds to cosmological space-times: GFT condensate states.
- The equations of motion for the condensate states are determined by the GFT action, and from these equations of motion we can extract the continuity and Friedmann equations.
- The classical Friedmann equations are recovered in an appropriate semi-classical limit for some choices of parameters in the GFT action.
- The classical singularity is resolved and is generically replaced by a bounce. Also, the LQC effective Friedmann equations are (almost) recovered for a natural choice of the condensate wave function.

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#### Outlook

There are many open questions, including:

- Study other condensate wave functions and GFT actions [Gielen],
- Allow for scalar fields with non-trivial potentials,
- Calculate error in higher order Schwinger-Dyson equations,
- Include anisotropies,
- Understand how to handle large interactions [de Cesare, Pithis, Sakellariadou],
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#### Thank you for your attention!